



JULY 31-AUGUST 4 HEALTHY LIVING SUMMER CAMP

For students ages **11-14**

Looking for a fun way to incorporate healthy living into everyday life. Activities will include learning about how nutrition affects your body & healthy food choices; exercises such as walking, swimming, & yoga; scavenger hunts; different approaches to expressing thoughts such as journaling, poetry, & short story writing; expression through arts and crafts; and skills for developing an overall positive lifestyle.



Keigwin School of Nursing
BROOKS REHABILITATION
COLLEGE OF HEALTHCARE SCIENCES

**CAMP FACILITATED
BY NURSING
FACULTY &
STUDENTS FROM
KEIGWIN SCHOOL
OF NURSING**

**\$250/CAMPER
8:00 AM – 4:30 PM**

**OPTIONAL
EXTENDED STAY
7:30 AM – 5:30 PM
\$50/WEEK**

**LUNCH & SNACKS
ARE INCLUDED**

**JACKSONVILLE
UNIVERSITY**

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Jacksonville, FL 32211

email: prillst@ju.edu or
pswan@ju.edu

<http://www.ju.edu/summercamp/index.php>